

Luke 1:39-55 (NRSV)

Mary Visits Elizabeth

³⁹ At that time Mary got ready and hurried to a town in the hill country of Judea, ⁴⁰ where she entered Zechariah's home and greeted Elizabeth. ⁴¹ When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. ⁴² In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear! ⁴³ But why am I so favored, that the mother of my Lord should come to me? ⁴⁴ As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. ⁴⁵ Blessed is she who has believed that the Lord would fulfill his promises to her!"

Mary's Song

⁴⁶ And Mary said:

"My soul glorifies the Lord

⁴⁷ and my spirit rejoices in God my Savior,

⁴⁸ for he has been mindful

of the humble state of his servant.

From now on all generations will call me blessed,

⁴⁹ for the Mighty One has done great things for me—
holy is his name.

⁵⁰ His mercy extends to those who fear him,
from generation to generation.

⁵¹ He has performed mighty deeds with his arm;

he has scattered those who are proud in their inmost thoughts.

⁵² He has brought down rulers from their thrones
but has lifted up the humble.

⁵³ He has filled the hungry with good things
but has sent the rich away empty.

⁵⁴ He has helped his servant Israel,
remembering to be merciful

⁵⁵ to Abraham and his descendants forever,
just as he promised our ancestors.”